

# Three easy steps to get started with AsthmaTuner



## Step 1: Pick up from pharmacy

Pick up your spirometer from any pharmacy (in-store or online)



## Step 2: Download the app

Download the app called AsthmaTuner.  
Tip: Scan the QR code



## Step 3: Account & Invite

Create an account and accept the clinic invite in your app

Notes:

# When you start lung function testing at home, you get:



A clear treatment plan that's always available in the app



Insights into how your asthma is at any moment, not just when you're at the clinic



An easier way to collaborate with your provider so you're always getting the best possible treatment!



Read more at [www.medituner.se](http://www.medituner.se)